



**Brainworks**<sup>®</sup>  
 Carla Crutsinger, M.S.  
 Director

1918 Walnut Plaza  
 Carrollton, Texas 75006-5856  
 (972) 416-9410 phone  
 (972) 416-0420 fax  
 email: Carla@brainworks.info  
 http://www.brainworks.info

**SCHOOL INFORMATION**  
 (for **STUDENT** to fill out)

Date: \_\_\_\_\_ Grade: \_\_\_\_\_

Student's Name \_\_\_\_\_

Parents \_\_\_\_\_

School \_\_\_\_\_ ISD \_\_\_\_\_

\_\_\_\_\_

School Address	City/State	ZIP
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Phone: \_\_\_\_\_ Principal: \_\_\_\_\_

<i>Subject</i>	<i>Teachers (Mr./Mrs./Ms.)</i>	<i>E-Mail Address or Voice Mail #</i>
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Counselor: \_\_\_\_\_

\*Place an asterisk by subjects that you are having problems with.

Name \_\_\_\_\_

Grade \_\_\_\_\_ Date \_\_\_\_\_

### TESTING CHECKLIST

Place an X by each area that you find difficult. Place an \* by 3 areas that concern you most at present. (These are the ones we want to improve first).

- \_\_\_ Trouble copying information correctly from charts, overhead projectors, chalkboards, etc.
- \_\_\_ Takes me too long to finish my written assignments.
- \_\_\_ I have trouble concentrating in class on what I should be doing.
- \_\_\_ It is hard for me to learn math facts, especially \_\_\_\_\_.
- \_\_\_ I really get nervous when I take a test and often forget material I knew before the test began.
- \_\_\_ I think I read too slowly and have trouble understanding what I read.
- \_\_\_ I have trouble doing well on spelling tests.
- \_\_\_ I find reading directions on various assignments difficult unless the teacher goes over what she expects.
- \_\_\_ I have trouble knowing how to take good notes in class over material the teacher is discussing.
- \_\_\_ It is hard for me to stay in my seat. My body always wants to be moving.

SUBJECTS	GRADE	COMMENTS (Discuss type of teacher, tests, homework, opinion)
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

General Comments: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## BRAINWORKS SELF-ESTEEM CHECKLIST

NAME \_\_\_\_\_ SCHOOL \_\_\_\_\_

CLASS/GRADE \_\_\_\_\_ DATE \_\_\_\_\_

Please mark each statement in the following way:

If the statement describes how you usually feel, put a check in the column "LIKE ME."

If the statement does not describe how you usually feel, put a check in the column "UNLIKE ME."

**THERE ARE NO RIGHT OR WRONG ANSWERS.**

	LIKE ME	UNLIKE ME
1. I often wish I were someone else.....		
2. I'm easy to like.....		
3. I find it very hard to talk in front of the class.....		
4. There are lots of things about myself I'd change if I could.....		
5. I can make up my mind without too much trouble.....		
6. I'm a lot of fun to be with.....		
7. I'm proud of my school work.....		
8. It takes a long time to get used to anything new.....		
9. I'm popular with kids my own age.....		
10. I'm doing the best work that I can.....		
11. I give in very easily.....		
12. I would rather play with children younger than I.....		
13. I like to be called on in class.....		
14. Things are all mixed up in my life.....		
15. Kids usually follow my ideas.....		
16. I'm not doing as well in school as I'd like to.....		
17. I have a low opinion of myself.....		
18. I often feel upset in school.....		
19. I'm not as nice looking as most people.....		
20. If I have something to say, I usually say it.....		
21. My teachers make me feel I'm not good enough.....		
22. Most people are better liked than I am.....		
23. I often get discouraged in school.....		
24. Things usually don't bother me.....		
25. I can't be depended on.....		



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Name \_\_\_\_\_  
 Date \_\_\_\_\_

**THE BROWN ATTENTION DEFICIT DISORDER SCALE**

Scores show how much that feeling or behavior has been a problem within the past month.

- 0 – not at all; never occurs
- 1 – just a little problem; occurs rarely
- 2 – pretty much a problem; occurs a few times in a week
- 3 – very much a problem; occurs almost every day

**Activating/Organization**

difficulty getting started .....	0	1	2	3
feels overwhelmed.....	0	1	2	3
difficulty setting priorities.....	0	1	2	3
procrastination .....	0	1	2	3
difficulty getting organized.....	0	1	2	3
slow to react.....	0	1	2	3
perfectionism.....	0	1	2	3
hard to wake up.....	0	1	2	3
misunderstands directions.....	0	1	2	3

**Irritability/Sensitivity**

impatient.....	0	1	2	3
sensitivity to criticism.....	0	1	2	3
short fused.....	0	1	2	3
difficulty expressing anger.....	0	1	2	3
depressed mood.....	0	1	2	3
keeps to self socially.....	0	1	2	3
appears apathetic.....	0	1	2	3

**Sustain Attention**

mind drifts off.....	0	1	2	3
spaces out when reading.....	0	1	2	3
easily sidetracked.....	0	1	2	3
needs to re-read.....	0	1	2	3
loses main point in reading.....	0	1	2	3
gets lost in daydreams.....	0	1	2	3
easily distracted.....	0	1	2	3
seems out of it.....	0	1	2	3
appears not to be listening.....	0	1	2	3

**Memory Recall**

forgetful.....	0	1	2	3
forgets intentions.....	0	1	2	3
repeats/restarts in writing.....	0	1	2	3
misplaces words and letters.....	0	1	2	3
loses track of belongings.....	0	1	2	3
difficulty memorizing.....	0	1	2	3

**Sustain Effort**

feels sleepy during day.....	0	1	2	3
needs extra time on assignments.....	0	1	2	3
criticized as lazy.....	0	1	2	3
inconsistent work quality.....	0	1	2	3
information processed slowly.....	0	1	2	3
not working to potential.....	0	1	2	3
effort fades quickly.....	0	1	2	3
sloppy penmanship.....	0	1	2	3
needs reminder to work.....	0	1	2	3
doesn't finish task.....	0	1	2	3

**TOTAL**